

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <small>city of burbank</small> <b>PARKS &amp; RECREATION</b>	<p><b>Don't forget to get your tickets for our Summer Lunch Special event held on Saturday, June 10 at Tuttle Senior Center. For more information please pick up a flyer or speak to one of our staff at one of our lunch sites.</b></p>		<sup>1</sup> Orange Juice Chicken Teriyaki Thighs Brown Rice Cut Corn Marinated Tomato Salad Pineapple Tidbits	<sup>2</sup> Minestrone Soup Baked Ziti Casserole Normandy Vegetables Fresh Banana Garlic Bread
<sup>5</sup> Grape Juice Pork Stir Fry Brown Rice Chinese Noodles Fresh Kale Salad w/ Cranberries Oatmeal Cookie	<sup>6</sup> Cabbage Roll Mashed Potato Sliced Carrots Beet Salad Melon Medley Whole Grain Bread	<sup>7</sup> Cream of Broccoli Soup Crackers Greek Chicken Salad Fresh Orange Whole Grain Roll	<sup>8</sup> Baked Fish w/ Lemon Fresh Sweet Potato French Style Green Beans Coleslaw w/ Pineapple Banana Whole Grain Bread	<sup>9</sup> Apple Juice Chicken Tostada Black Beans* Lettuce/Tomato Fruit Cocktail
<sup>12</sup> Pineapple Juice Sloppy Joe Baked Sweet Potato Sliced Tomatoes Lettuce Pears Whole Grain Bun	<sup>13</sup> Chicken Fettuccini Alfredo Whole Grain Noodles Broccoli & Cauliflower Black Eye Pea Salad Apple Garlic Bread	<sup>14</sup> Cream of Pumpkin Soup Grape Juice Spinach Quiche Steamed Carrots Beet Salad Banana Whole Grain Roll	<sup>15</sup> Apple Juice Roast Pork w/ Apricot Sauce Baked Butternut Squash Peas Green Salad Pudding Whole Grain Bread	<sup>16</sup> Vegetable Soup Crackers Tuna Salad Tomatoes and Bell Pepper Strips Fresh Fruit in Season Whole Grain Dinner Roll
<sup>19</sup> Chicken Vegetable Soup Vegetarian Lasagna Brussels Sprouts Tossed Green Salad Fresh Orange Garlic Bread	<sup>20</sup> Grape Juice Sliced Roast Beef with Gravy* Mashed Potato French Cut Green Beans Coleslaw Brownie Whole Grain Roll	<sup>21</sup> Pork Tenderloin w/ Stuffed Pork Chop Normandy Vegetables Bean Salad * Pineapple Chunks	<sup>22</sup> Tomato Bisque Soup Grilled Chicken Salad with Shredded Carrots, Chopped Cucumber, and Diced Tomatoes Mandarin Oranges Whole Grain Roll	<sup>23</sup> Turkey Chili Fresh Sweet Potato Steamed Zucchini Tossed Green Salad Raspberry Vinaigrette Watermelon Cubes <b>OR</b> Apple Corn Bread
<sup>26</sup> Pineapple Juice Shepard's Pie Steamed Carrots <small>Green Salad w/ Tomato Wedges</small> Birthday Cake Whole Grain Roll	<sup>27</sup> Vegetable Soup Spinach Quiche Baked Butternut Squash Orange Whole Grain Roll	<sup>28</sup> Grape Juice Chicken Parmesan Whole Grain Noodle Peas & Onions Caesar Salad Peaches Garlic Bread	<sup>29</sup> Turkey Burger on a Whole Grain Bun with Brown Rice Garlic Red Potatoes Tomato Banana	<sup>30</sup> Lentil Soup Baked Salmon with Mango Salsa Barley Pilaf San Francisco Vegetables Beet Salad Canned Pears Whole Grain Bread

☺ Milk Served with every meal ☺

♦Menu Subject to Change Without Notice♦

\*denotes Low Sodium

Meals delivered between 10:30 a.m. - 1:00 p.m. Cancellations must be made by 3:00 p.m. the previous day.

Recipients must be 60+ and registered with the Home Delivered Meals Program.

**For more information please contact:**

McCambridge Recreation Center

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